



THE FIRST DANCE

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Vignette Exercise

A Bride's Nightmare Story

I have nearly killed (at least once if not twice) every member of his family and mine.... We have 10 hellish months to go and I am HATING all this planning. Nobody on either side of the family likes anything I have already chosen, am going to do, or will get around to doing.... I hate this. This is my wedding day and it's supposed to be about ME. My fiancé, one night when I was screaming hysterically saying how much I hated everything that was happening around me, said "Let's just cancel it all and go to Jamaica!" At first I said yes but then I realized he intended to STILL have both our families there. THESE ARE THE VERY PEOPLE I WANT TO KILL! So, I would merely be moving all the personal complaints, disagreements and stress locally to another country. We are still having the wedding we originally planned, but I wish I had just gone down to the local registry office in my jeans and a t-shirt and said "Marry us now, please!"--and then told our families to get over it!!!!

Questions:

- 1. Why is this going badly?**
- 2. What can the bride and groom do about it, based on the principles in this program?**